







In-Flight Catering



At Cortesa Catering, we are passionate about food and we are renowned for excellence in delicious and well-presented dishes. We dedicate extensive resources to the creation of delicious, bespoke menus presented in first class style. Our aim is to exceed your expectations by providing a wonderfully satisfying fine dining experience in the sky.

Our chefs have an unparalleled passion for creating delicious, mouth-watering meals. Their talent and experience, together with the finest, freshest ingredients, combine to produce outstanding dishes that totally delight the senses.

We use only fresh produce sourced locally on a daily basis from a selection of carefully chosen suppliers. You can be assured of the freshness and nutritional value of the ingredients in the food we prepare. We provide an extensive range of healthy option meals, including low fat, low cholesterol, special dietary meals and children's meals.

We are proud to serve our choices of Italian dishes but we will do our best to supply those items that are not listed in our menu. We are also happy to accept special requests and dietary restriction requirements that may need to be discussed with our Chefs.

Sincerely, *The Cortesa Catering Team*

CONTACT INFORMATION

Cortesa Restaurant & in Flight Catering

Based within the General Aviation Terminal,
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- OPERATING SINCE JULY 2009
- FOOD SAFETY SYSTEM (HACCP)
- CATERER PROVIDER SECURITY CERTIFICATION ISSUED BY ENAC (ITALIAN CIVIL AVIATION AUTHORITY)

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CAPTION OF FOOD ALL FRGEN

Dear customers, if you have food allergies or intolerances, please let us know, we may assist you better in your choice.

Each dish on the menu will be marked with the symbols **listed** below if there is the presence of allergens.



Cereals containing gluten(wheat, rye, barley, oats, spelled, kamut or their hybridised strains) and products derivatives;



Crustaceans and products derivatives;



Eggs and egg products derivatives;



Fish and fish products derivatives;



Peanuts and products derivatives;



Soy beans and products derivatives;



Milk and milk products derivatives (including lactose);



Nuts that 'Almond (Amygdalus communis L.), Hazelnut (Corylus avellana), walnuts (Juglans regia), cashew nuts' (Anacardium occidentale), pecan (Carya illinoinensis Wangen, Koch), Brazil nuts (Brazil nut), pistachio (Pistacia vera), macadamia nuts and Queensland nuts (Macadamia ternifolia) and product derivatives;



Celery and products derivatives;



Mustard and products derivatives;



Sesame seedsand products derivatives;



Sulphur dioxide and sulphites at concentrations of more than 10 mg / kg or 10 mg / liter expressed as SO2;



Lupin and products derivatives;



Molluscs and products derivatives.

If you are intolerant or allergic to any other substances not listed above we have a recipe book with all the ingredients and the composition of our dishes, so do not hesitate to ask for it. However please note that in our areas of production we use many of these allergens, so we can't exclude the possibility of contamination.



COLD BREAKFAST

Continental Breakfast —



Sliced fruit, selection of breakfast pastries, jams and honey, butter, plain or fruit yogurt, rusks and bread rolls, fruit juice.



Sliced fruit, selection of breakfast pastries and muffins, selection of cured meat and cheeses, jams and honey, butter, plain or fruit yogurt, cereal and milk, rusks and bread roll, fruit juice.

HOT BREAKFAST (we use only organic eggs)

3 English Breakfast —



Omelette, scrambled eggs or fried eggs (two eggs), 4 slices of bacon or 1 sausage, mushrooms, tomatoes, baked beans and bread rolls.

- Omelette (three eggs).
- Scrambled Eggs (three eggs).
- Extra Sliced Bacon (four slices).
- Extra Sausage (two sausages).
- 7b
- Porridge ———— 7c
- Boiled Eggs ————

ITALIAN CURED MEATS

- Ham
- Cured Ham
- Sliced Turkey _____
- Sliced Chicken ——— 11
- 12 Salami
- Bresaola (cured beef meat). 13
- Roast Beef —————
- Selection of Cured Meat



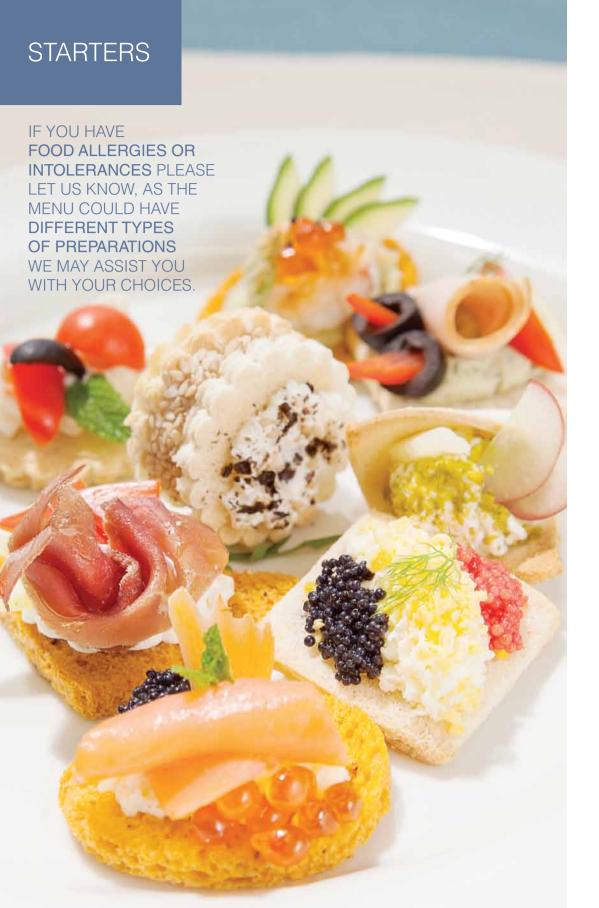
ITALIANS AND INTERNATIONAL CHEESES -

Served with cheese crackers, selection of sundried fruit and grapes.

- 16 Pecorino
- 17 Parmesan
- Brie 18
- Goat's Cheese 19
- Buffalo Mozzarella 20
- 21 Cream Cheese
- Cheese Selection







23	SELECTIONS OF CANAPES Five pieces per portion as a minimum order.	
24	Seafood Salad*	- A
25	King Prawns Salad* Seasonal salad leaves, king prawns, chives, cherry tomatoes, potatoes.	_
26	Shellfish Salad* Seasonal salad leaves, spiny lobster, scampi, king prawns, cherry tomatoes, chives.	_
27	Octopus Salad* Octopus, potatoes, cherry tomatoes, parsley.	- M. C
28	Smoked Salmon with Garnish	-
29	Selection of Smoked Fish Smoked salmon, smoked swordfish, smoked tuna, choices from the market, with Garnish.	-
30	Selection of Italian Antipasti Sun dried tomatoes, pickles vegetables, black olives, marinated grilled vegetables, marinated button onions.	
30c	Assorted Vegetable Crudités with Dips	
31	Cured Ham with Melon	
32	Caprese Salad Buffalo mozzarella cheese, sliced tomato, basil dressing.	_
33	Bresaola served with Rocket ————————————————————————————————————	_
34	Caesar Salad — Cos lettuce, croutons, shaved parmesan cheese, caesar dressing.	- 🌿 🍗 🕳 📞 🗓
35	Chicken Caesar Salad Cos lettuce, grilled chicken breast, croutons, shaved parmesan, caesar dressing.	- <i>№</i> 📞 🐟 🕓 🐔 🗓
36	Nicoise Salad Tuna (fresh or canned),seasonal salad leaves, egg, green beans, olives, vinaigrette, anchovies.	
36b	Greek Salad — Mixed leaves salad, feta cheese, cherry tomatoes, cucumber, olives red onions, oregano.	-
37	Seafood Platter* ————————————————————————————————————	



	Smoked salmon, double cream and chives, lemon zest.	
39	Seafood Risotto or Pasta* ————————————————————————————————————	
40	Pasta with Bolognese Sauce Minced veal & beef meat, tomato sauce.	# CA
41	Pasta with Tomato Sauce and Basil	Mir Co Mi.
42	Pasta with Basil Pesto Sauce	🌿 📞 🚜 👂
43	Lasagna with Bolognese Sauce or Vegetarian Option —	
44	Tagliatelle with Mushrooms and Double Cream ———	
45	Risotto with Saffron	J.
46	Vegetable Soup or 46b Minestrone Seasonal vegetables, extra virgin olive oil.	& # T
47	Tomato Soup ————————————————————————————————————	S A T

38 Pasta with Smoked Salmon -

/ A & A |



48	Grilled Sea Bass Fillet	
49	Steamed Sea Bass Fillet	
50	Grilled Whole Sea Bass	
50	Steamed Whole Sea Bass	
52	Grilled Gilt Head/Sea Bream Fillet	
53	Steamed Gilt Head/Sea Bream Fillet	
54	Grilled Whole Gilt Head/Sea Bream	
54	Steamed Whole Gilt Head/Sea Bream	
56	Grilled Selection of Shellfish*	
57	Pan Fried Salmon	
58	Grilled Swordfish Steak*	
59	Whole Fresh Lobster or Spiny Lobster*	
60	Grilled Tuna Steak*	
61	MEAT Grilled Fillet of Beef	S B.
62	Grilled Beef Steak	
64	Veal Paillard	
65	Beef Tagliata (grilled and sliced beef steak), Served with rocket salad and shaved parmesan.	
66	Grilled Chicken Breast or Milanese Style —————	6 🎉 🕖
67	Grilled Lamb Chops (four ribs per portion).	
68	Veal Escalope Milanese Style ————————————————————————————————————	6 🎉 🙉
68a	Duck Breast (non-fried or reacted)	



69	Mixed Salad
	Seasonal mixed salads leaves, cherry tomatoes, cucumbers

- **70** Green Salad
 Seasonal salad leaves.
- 71 Tomatoes & Cucumbers
- **72** Selection of Steamed Vegetables
- 73 Selection of Grilled Vegetables ——
- 74 Fried or Roasted Potatoes —
- **75** Steamed Potatoes
- 76 White Rice
- 77 Basmati Rice
- 78 Venere Rice







80	WOOD OVEN COOKED PIZZA Margherita	- <u>*</u>
	Tomato sauce, mozzarella cheese.	/* V.
81	Napoli —	· · · · · · · · · · · · · · · · · · ·
	Capers, anchovies, tomato sauce, mozzarella cheese.	V A . 9
82	Whit Mushrooms Tomato sauce, mozzarella cheese, mushrooms.	- <u>#</u> & #. [
83	Olbia —	- <u>**</u>
	Tomato sauce, mozzarella cheese, rocket, cherry tomatoes.	
84	Diavola —	
	Tomato sauce, mozzarella cheese, spyce sausages, onio.	- 🧩 📞 🖺 🔆 🔉
	SANDWICHES We can prepare sandwiches with gluten free bread.	
85	Closed (four pieces per portion).	
85b	Open (four pieces per portion).	
85s	Finger Sandwiches (eight pieces per portion).	
86	Panini (Italian style)	
	FILLING SUGGESTIONS	
а	Mozzarella and Tomato with Basil Pesto ————————————————————————————————————	
b	Ham and Cheese with Mayonnaise ————————————————————————————————————	
С	Parma Ham and Cheese whit Mayonnaise —————	
d	Ham with Grain Mustard	
е	Tuna with Mayonnaise	- *
f	Eggs and Mayonnaise	
g	Sliced Chicken whit Mayonnaise —	
h	Roast Beef with Horseradish ————————————————————————————————————	
i	Smoked Salmon with Cream Cheese	- A



87	FRESH FRUIT Tray of Fresh Sliced Fruit	
87b	Fruit Sticks (minimum 5pc per portion) large or small.	
88s	Small Fruit Basket	
88m	Medium Fruit Basket	
88b	Large Fruit Basket	
89	Mixed Berries (200gr per portion).	
89b	Whole Fruit (per piece)	
90	DESSERT Tiramisù ————————————————————————————————————	
91	Fresh Fruit Tart*	
92	Panna Cotta	
93	Italian Style Pasticcini (Mini Pastries), minimum five pieces per portion.	
93c	Chocolate Pralines —	
94	Luxury Dessert Selection* (please see the attached menu).	
94b	Assorted Italian Ice Cream and Sorbets —	



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95a Tomatoes

95 Apple

96 Orange

97 Grapefruit

98 Pineapple

99 Strawberry

100 Mango

DAIRY PRODUCTS

101 *Milk* —

(whole, semi skimmed or skimmed).

103 Yogurt

(natural or with fruit).

104 Coffee Creamer

(minimum 10pc).

104b Butte

Butter (individually wrapped).



BEERS

Ichnusa (local beer)

106 Heineken

WATER & SOFT DRINKS

107b Smeraldina (local water) still or sparkling 1,5L.

Smeraldina (local water) still or sparkling 0,50L. 107m

Smeraldina (local water) still or sparkling 0,25L. 107s

Evian (still) 1L 108b

Evian (still) 0,50L 108m

109b Perrier cl 75

109s Perrier cl 0,50

110

Soft Drinks cl. 33 Coca Cola (LIGHT, ZERO), Fanta, Sprite, Chinotto, Powerade, Burns (energy drink), Iced Tea.

Juice in Tetra-pack 110a



TO MAKE YOUR LIFE EASIER

- **111** Lemon (sliced or whole).
- 112 Garnish Pack (mixed herbs leaves on request).
- **113** *Tea*
- 114 Bread Rolls* —



115 Croissants

Cereal —



116 Dried Fruit

116a Honey/Jam 30gr

116c Crisps —

116b

6

117 Caviar Condiments —

A STATE OF THE STA

118 Cutlery Set

TOILETRIES

- 118b Kitchen Rolls
- 118c Napkins
 - 19 Wet Towels
- 119s Kleenex
- 119t Toothbrush
- 119u Toilet Roll
- 119v Hand and Face Cream

EQUIPMENT

- 119a Zip Lock Bag
- 119b Gloves
- 119c Trash Bags
- 119d Drinking Cups
- 119e Thermos
- 119f Kitchen Towels



LUNCH BOXES

To be served Hot or Cold (including: starter, main course, side dish, fruit/dessert).

- **120** Fish VIP Lunch box
- 121 Meat VIP Lunch box
- 122 Vegetarian VIP Lunch box
- 123 Fish Crew Lunch Box
- 124 Meat Crew Lunch Box
- 125 Vegetarian Crew Lunch Box

SARDINIAN FOOD

TYPICAL TRADITIONAL SARDINIAN CUISINE BOASTS VERY ANCIENT ROOTS, AT FIRST AGRO-PASTORAL, BUT SLOWLY EXPANDED, ACQUIRING IN TIME RECIPES BASED ON FISH AND SEAFOOD. SARDINIA HAS A WIDE SELECTION OF PRESERVED MEATS AND CHEESES, VARYING IN TASTE AND AGE. DISHES VARY FROM AREA TO AREA, SHARING ONLY THE SARDINIAN IDENTITY; PLEASE FIND OUR BEST SELECTIONS ON THE RIGHT.



154	STARTERS Insalatina di Bottarga, pomodorini e Sedano Typical Sardinian salad with salted dried, grey mullet roe, cherry tomatoes and celery.	₩ \$ †
155	Aragosta alla Catalana Steamed spiny lobster seasoned with onions, tomatoes and citrus dressing.	
156	Sa Panada di Carne o di Verdura The name panada literally means "ball" and it is a traditional pie from Sardinia, it can be made with pork or vegetables.	** 1 **
157	PASTA Fregola con Arselle Typical Sardinian pasta made from semolina, rubbed together with a bit of water, forming little tiny balls, served with fresh clams and tomatoes.	
158	Malloreddus alla Campidanese Typical Sardinian gnochetti made with semolina, pork sausage, tomatoes, onions, saffron and a sprinkle of sheep's cheese.	<i>*</i>
159	Culurgiones all'Ogliastrina Dumplings filled with potatoes, pecorino cheese and fresh mint, dressed in tomato sauce and grated Sardinian cheese.	🥬 🕓 🕼 🖺
160	MAIN COURSE Il Porcetto Spit-roast suckling pig is the most famous typical Sardinian dish. The cooking procedure is long and a lot of attention is required to obtain juicy meat with a crunchy rind.	
161	L'agnello in Umido Stewed lamb with seasonal vegetables.	6 T
162	La Cassola (zuppa di pesce) Typical Sardinian fish soup with olive oil, garlic, chopped onion, parsley, sun-dried tomatoes and assorted fresh fish and seafood from the market.	→ 🎸 🚆 ∰
163	DESSERTS Sebada* A traditional Sardinian fritter. This Sardinian sweet, famous throughout the world, divinely pairs the sweetness of the honey with the saltiness of the pecorino cheese, making for an intriguing and intense flavor.	
164	Torrone —————	S 6 5 6 5

Sardinian nougat made with honey.

Assorted Sardinian biscuits.

165 I Dolci Secchi



94 LUXURY DESSERT

Triple Choccolate * -

Chocolate sponge cake, milky chocolate mousse, white chocolate centre, dark chocolate couverture.

Passion Fruit * -

Plain sponge cake, passion fruit and white chocolate mousse, glazed with a passion fruit coulis.

Apple Tart * -

Shortcrust pastry filled with apples and custard cream, topped with crumble.

Rocher by Loddo * -

Shortcrust tart, creamy hazelnut, white chocolate and hazelnut ganache, covered with crunchy milk chocolate and hazelnut.

Choccomoka * -

Chocolate sponge cake, chocolate and coffee mousse, glazed with a dark chocolate couverture.

Myrtle * -

Plain sponge cake, myrtle mousse with a white chocolate mousse centre.

Cheesecake * -

Crumbled shortcake pastry, cream cheese mousse, topped with a raspberry geleè.





















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ANY **OTHER** FOOD REQUEST SHOULD BE DISCUSSED, DIRECTLY, **WITH OUR CHEF**.



*We only use fresh and high quality ingredients, but sometimes, due to market availability, sometiems may be replaced with a top range frozen product.

*Cancellation policy: Any catering that is cancelled less than 3 hours before delivery time will be entirely charged, other cases will be taken into consideration depending on the situation. We will apply surcharge fees for delivery between 12:00pm and 6:00am and for last minute orders up to 1.5 hrs.